

# Program 4<sup>th</sup> Swiss ArthroWrist Course

## 29<sup>th</sup> - 30<sup>th</sup> September 2025

### IBRA Institute, Basel

Chairman: **Dr. Ivan Tami**

International and national faculty (in alphabetical order):

**Dr. Andrea Atzei (ITA); Dr. Giuseppe Broccoli (CH); Prof. Mautizio Calcagni (CH);  
Dr. Sebastian Günkel (CH); Dr. Carlos Heras-Palou (UK); Dr. Radek Kebrle (CZ);  
Dr. Riccardo Luchetti (ITA)**

## Monday 29<sup>th</sup> September 2025

*07:15 Registration & welcome coffee*

**07:45 Introduction and presentation of the course – Dr. Tami**

**08:00 Wrist arthroscopy: indications, limitations and complications – Dr. Luchetti**

**08:20 Wrist arthroscopy set-up, anatomy, portals and exploration – Prof. Calcagni**

**08:40 Arthroscopic removal of dorsal and palmar wrist ganglia – Dr. Günkel**

**09:00 Arthroscopic-assisted radial styloidectomy and Wafer procedure – Dr. Broccoli**

**09:20 Introduction and instruction for the wet lab – Mr. Novo**

*9:30 Coffee break*

**Practical sessions in wet lab with 2 participants per table supervised by an expert \***

**10:00 Diagnostic arthroscopy of the normal wrist – Prof. Calcagni**

**10:45 Removal of foreign body, wrist ganglia and synovectomy from the wrist – Dr. Günkel**

**11:30 Arthroscopic-assisted radial styloidectomy and Wafer procedure – Dr. Broccoli**

*12:30 Standing lunch*

**13:30 The triangular fibrocartilage (TFCC): anatomy and classification – Dr. Kebrle**

**13:50 Arthroscopic-assisted TFCC repair and refixation (acute lesions) – Dr. Atzei**

**14:10 Cases discussion (TFCC) – Dr. Heras-Palou with all faculty and participants**

*15:00 Coffee break*

**Practical sessions in wet lab with 2 participants per table supervised by an expert \***

**15:00 Arthroscopic-assisted TFCC peripheral repair (different techniques) – Dr. Heras-Palou**

**16:00 Arthroscopic-assisted TFCC foveal refixation (different techniques) – Dr. Atzei**

**16:45 Questions and final remarks – All faculty and participants**

End of the first day

*19:30 Social dinner*

# Tuesday 30<sup>th</sup> September 2025

07:30 *Welcome coffee - IBRA Institute, Basel*

08:00 **SL ligament complex: The “4R” Algorithm of treatment** – Dr. Lucchetti

08:20 **The role of wrist arthroscopy in scaphoid fracture** – Dr. Kebrle

08:40 **Arthroscopy-assisted distal radius fracture fixation** – Dr. Tami

09:00 **Cases discussion** – Dr. Günkel, Dr. Broccoli with all faculty and participants

9:30 *Coffee break*

**Practical sessions in wet lab with 2 participants per table supervised by an expert \***

10:00 **Arthroscopic repair and reinforcement of acute SL tears** – Dr. Luchetti

11:00 **Arthroscopic reinforcement (capsulodesis) of acute SL tears** – Dr. Kebrle

12:00 *Standing lunch*

13:00 **Principles of CMC-1/STT arthroscopy: opportunity and limitations** – Prof. Calcagni

13:20 **CMC-1/STT arthroscopy: set-up, anatomy, portals and exploration** – Dr. Heras-Palou

13:40 **CMC-1/STT arthroscopy and osteoarthritis treatment options** – Dr. Atzei

14:00 *Coffee break*

**Practical sessions in wet lab with 2 participants per table supervised by an expert \***

14:15 **CMC-1/STT arthroscopy: portals and diagnostic arthroscopy** – Dr. Heras-Palou

15:00 **Arthroscopic options for CMC-1 and STT osteoarthritis** – Dr. Atzei

16:00 **Questions, final remarks and presentation of certificates** – Dr. Tami

*End of the course*

## Formation credits:

SGH-SSCM 16 credits

Swiss Orthopaedics 16 credits

IWAS patronaged course

FESSH patronaged course

**\* Each table is equipped with a high-definition video system connected to the table of an instructor who performs live step by step demonstrations of the different procedures**



In collaboration with:



**IBRA Institute** Hochbergerstrasse 60E - 4057 Basel

Online registration on [www.swissarthrowrist.ch](http://www.swissarthrowrist.ch) (limited places)