CADAVER LAB & 1:1 TEACHING

9th-10th September 2024

3rd Swiss ArthroWrist Course

IBRA Institute, Basel

centro manoegomito

In collaboration with

Arthrex®

Program 3rd Swiss ArthroWrist Course
9th - 10th September 2024
IBRA Institute, Basel

Chairman: **Dr. Ivan Tami**

International and national faculty (in alphabetical order):
Dr. Giuseppe Broccoli, Bremen (DE); **Dr. Pier Paolo Borelli**, Bescia (IT);
Dr. Alessandro Fagetti (IT), Varese; **Dr. Sebastian Günkel**, Zurich (CH);
Dr. Carlos Heras-Palou, Derby (GB); **Dr. Alexandre Kämpfen**, Basel (CH);
Dr. Riccardo Luchetti, Pesaro-Rimini (IT); **Dr. Istvan Rigo**, Moss (NO)

Monday 9th September 2024

07:15 *Registration & welcome coffee*

07:45 **Introduction and presentation of the course** – Dr. Tami

08:00 **History and principles of arthroscopy: evolution and its role today** – Dr. Luchetti
08:20 **Wrist arthroscopy anatomy, indications and complications** – Dr. Kämpfen
08:40 **Wrist arthroscopy: set-up, portals and exploration of normal wrist joint** – Dr. Broccoli
09:00 **Pros and cons of arthroscopic removal of dorsal and palmar synovial cyst** – Dr. Günkel
09:20 **Arthroscopic-assisted radial styloidectomy and resection of the distal ulna** – Dr. Rigo

09:40 **Questions and suggestions** – All faculty and participants
09:50 **Introduction and instruction for the wet lab** – Mr. Novo

10:00 *Coffee break*

Practical sessions in wet lab with 2-3 participants per table supervised by an expert *
10:30 **Diagnostic arthroscopy of the normal wrist** – Dr. Heras-Palou
11:15 **Removal of foreign body, synovectomy and synovial cyst from the wrist** – Dr. Günkel
11:45 **Arthroscopic-assisted radial styloidectomy** – Dr. Rigo

12:30 *Standing lunch*

13:30 **The triangular fibrocartilage (TFCC): anatomy and classification** – Dr. Fagetti
13:50 **TFCC refixation: arthroscopic and mini-open technique** – Dr. Luchetti
14:10 **Delayed TFCC reconstruction with graft** – Dr. Heras-Palou

14:30 **Cases discussion** – All faculty and participants

15:00 *Coffee break*

Practical sessions in wet lab with 2-3 participants per table supervised by an expert *
15:00 **Arthroscopic-assisted resection of the distal ulna (Wafer procedure)** – Dr. Broccoli
15:45 **Arthroscopic-assisted peripheral TFCC repair (different techniques)** – Dr. Luchetti

16:30 **Questions and final remarks** – All faculty and participants

End of the first day
19:30 *Social dinner*

Tuesday 10th September 2024

07:30 *Welcome coffee - IBRA Institute, Basel*

08:00 **All aroud the scaphoid (Master lecture) – Dr. Borelli** (online)
08:30 **The role of wrist arthroscopy in wrist joint instability** – Dr. Rigo
08:50 **Arthroscopic-assisted carpal bones treatment** – Dr. Broccoli
09:10 **Arthroscopy-assisted distal radius fracture fixation** – Dr. Tami

9:30 *Coffee break*

Practical sessions in wet lab with 2-3 participants per table supervised by an expert *
10:00 **Wrist arthroscopic dorsal capsulo-ligamentous repait of SL** – Dr. Luchetti
10:45 **Open repair of SL with artificial graft/ligament augmentation** – Dr. Günkel
11:30 **Open repair of peripheral TFCC lesions** – Dr. Heras-Palou

12:00 *Standing lunch*

13:00 **1st CMC arthroscopy anatomy, indications and complications** – Dr. Fagetti
13:15 **CMC arthroscopy set-up, technique and portals** – Dr. Heras-Palou
13:30 **CMC arthroscopy: opportunity and limitations** – Dr. Luchetti

13:45 **Cases discussion** – All faculty and participants

Practical sessions in wet lab with 2-3 participants per table supervised by an expert *
14:30 **1st CMC arthroscopy: set-up, portals and diagnostic arthroscopy** – Dr. Broccoli
15:15 **Arthroscopic options for 1st CMC osteoarthritis** – Dr. Rigo

16:00 **Questions, final remarks and presentation of certificates** – Dr. Tami

Formation credits:
SGH-SSCM 16 credits
Swiss Orthopaedics 16 credits
IWAS patronaged course
FESSH patronaged course

*** Each table is equipped with a high-definition video system connected to the table of an instructor who performs live step by step demonstrations of the different procedures**

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IBRA Institute Hochbergerstrasse 60E - 4057 Basel
Online registration on www.swissarthrowrist.ch (limited places)